

HUF GYM

Class Schedule & Hours of Operation

FOLLOW US ON
SOCIAL MEDIA!



@HUFBOXING144



@HUF_GYM



/HUFGYM1

sunday

monday

tuesday

wednesday

thursday

friday

saturday

6:15AM
BOXING CLASS

6:15AM
BOXING CLASS

12PM
BOXING &
STRENGTH CLASS

12PM
BOXING &
STRENGTH CLASS

12PM
BOXING CLASS

OPEN GYM HOURS

OPEN
24/6

SUN
CLOSED @ NOON

MON
OPENS 6AM

4:30PM - 6PM
YOUNG HEROES

4:30PM - 6PM
YOUNG HEROES

6PM
KICKBOXING

6PM ▶ SPARRING
▶ INTRO TO BOXING

6PM
KICKBOXING

7PM
BOXING CLASS

7PM
BOXING CLASS

7PM
BOXING CLASS

7PM
BOXING CLASS

7PM
KING OF KINGS
ASK FOR INFO

8PM
BOXING CLASS

9PM
BOXING CLASS

8PM
BOXING CLASS

9PM
BOXING CLASS

8PM
SPARRING

[Schedule subject to change]

YOUTH

MONDAYS & THURSDAYS
4:30PM - 6PM

OPEN GYM - 4:30PM
BOXING CLASS - 5PM

- Matthew 22 37-39

Jesus replied:
"Love the Lord your God
with all your heart and
with all your soul and with
all your mind.' This is the
first and greatest
commandment. And the
second is like it: "Love
your neighbor
as yourself."