

HUF GYM CLASS SCHEDULE & HOURS OF OPERATION

OPEN 24/6

SUN CLOSED @ NOON

MON OPENS 6AM

monday	tuesday	wednesday	thursday	friday	saturday
	6:15AM BOXING CONDITIONING CLASS		6:15AM BOXING CONDITIONING CLASS		
12PM BOXING & STRENGTH CLASS		12PM BOXING & STRENGTH CLASS	4:30PM - 6PM YOUNG HEROES		12PM BOXING CONDITIONING CLASS
4:30PM - 6PM YOUNG HEROES	6PM INTRO TO BOXING		6PM WOMEN'S ONLY BOXING CLASS		
6PM KICKBOXING	7PM BOXING CONDITIONING CLASS	6PM KICKBOXING	7PM BOXING CONDITIONING CLASS		
7PM BOXING CONDITIONING CLASS	8PM SPARRING	7PM BOXING CONDITIONING CLASS	8PM SPARRING		
8PM BOXING TECHNICAL CLASS	9PM BOXING CONDITIONING CLASS	8PM BOXING TECHNICAL CLASS	9PM BOXING CONDITIONING CLASS	7PM KING OF KINGS ASK FOR INFO	