

# HUF GYM

CLASS SCHEDULE AND HOURS OF OPERATION



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\*\*\*: Indicates virtual classes\*\*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		6:15am Boxing		6:15am Boxing		
	12pm Boxing & Strength		12pm Boxing & Strength			12pm Boxing
	4:30pm-6pm Young Heroes			4:30pm-6pm Young Heroes		
	6pm Kickboxing	6pm Introduction To Boxing	6pm Kickboxing		6pm King Of Kings *ASK*	
	7pm **Boxing**	7pm **Boxing**	7pm **Boxing**	7pm **Boxing**		
	8pm Boxing			8pm Boxing		

[Schedule subject to change]

## OPEN GYM HOURS

SUN	CLOSED
MON	10AM-9PM
TUES	6AM-8AM 10AM-9PM
WED	10AM-9PM
THUR	6AM-8AM 10AM-9PM
FRI	10AM-1PM
SAT	10AM-1PM

## YOUTH

Mondays & Thursdays  
4:30PM-6PM

- Matthew 22 37-39

Jesus replied:  
"Love the Lord your  
God with all your  
heart and with all  
your soul and with  
all your mind.'This is  
the first and greatest  
commandment. And  
the second is like it:  
"Love your neighbor  
as yourself.