

HUF GYM

CLASS SCHEDULE AND HOURS OF OPERATION



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***: Indicates virtual classes**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		6:15am Boxing		6:15am Boxing		
	12pm Boxing & Strength		12pm Boxing & Strength			12pm Boxing
	4:30pm-6pm Young Heroes			4:30pm-6pm Young Heroes		
	6pm Kickboxing	6pm Introduction To Boxing	6pm Kickboxing		6pm King Of Kings *ASK*	
	7pm **Boxing**	7pm **Boxing**	7pm **Boxing**	7pm **Boxing**		
	8pm Boxing			8pm Boxing		

[Schedule subject to change]

OPEN GYM HOURS

SUN CLOSED

MON 10AM-9PM

TUES 6AM-8AM
10AM-9PM

WED 10AM-9PM

THUR 6AM-8AM
10AM-9PM

FRI 10AM-1PM

SAT 10AM-1PM

YOUTH

Mondays & Thursdays

4:30PM-6PM

- Matthew 22 37-39

Jesus replied:
"Love the Lord your
God with all your
heart and with all
your soul and with
all your mind.'This is
the first and greatest
commandment. And
the second is like it:
"Love your neighbor
as yourself.