HUF GYM

CLASS SCHEDULE AND HOURS OF OPERATION

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		6:15am Boxing		6:15am Boxing		
	12pm Boxing & Strength		12pm Boxing & Strength			12pm Boxing
	4:30pm-6pm Young Heroes			4:30pm-6pm Young Heroes		3pm-6pm Advanced Warfare
	6pm Kickboxing	6pm Introduction To Boxing	6pm Kickboxing			
	7pm Boxing	7pm Boxing	7pm Boxing	7pm Boxing		7pm King Of Kings *ASK*
	8pm Boxing	8pm Advanced Warfare		8pm Boxing	8pm Advanced Warfare	

[Schedule subject to change]

OPEN GYM HOURS

OPEN 24/6
SUN CLOSED
MON OPENS 6AM

YOUTH

Mondays & Thursdays
4:30PM-6PM

- Matthew 22 37-39

Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: "Love your neighbor as yourself.

SINGLE PASS - $40.00
10 CLASS PASS - $30/PER CLASS

MONDAY

10AM - 11AM	BOXING
12PM - 1PM	BOXING
7PM - 8PM	BOXING

WEDNESDAY

10AM - 11AM	BOXING
12PM - 1PM	BOXING
7PM - 8PM	BOXING

FRIDAY

10AM - 11AM	BOXING
12PM - 1PM	BOXING

CALL 905-274-4483

@HUFGYM @HUF_GYM /HUFGYM1

www.hufboxing.com

HUF BOXING NOW AT SKY FITNESS

All memberships include full access to our facilities and unlimited participation in our class schedule. [HUF Boxing membership rates only]. Ask us about Sky Fitness special rate for HUF Boxing members.

BOXING MEMBERSHIPS — MONTHLY PRICING

taxes applicable

PROGRAM ONE: 1x a Week [ONE TIME BETTER THAN NO TIME] — $99

This program is great for those looking to just get started, have a very busy schedule, or are you just looking to be pushed HARD once a week while combining open gym and home workouts.

PROGRAM TWO: 2x a Week [DOUBLE THE FUN] — $149

This program is great for those looking to learn new skills, increase strength and athletic conditioning or just turn up the intensity, have fun and get great results.

PROGRAM THREE: Unlimited [HUF CHAMPION SERIES] — $199

This program is great for those who are ready to change their body and make health and fitness a priority. Also great for those who love the sport of boxing and like to learn skills and are looking to get in fantastic shape or to eventually spar or become competitive, then this program is for you!